We rest in the truth that God is the king of the universe and He will be faithful to all that He has promised.

That is true in the past. He has never failed His people. That is true in the present, He is watching over and caring for us moment by moment. That is also true of the future. There is a glorious future that awaits the people of God, a land that we have yet to see that is filled with the perfections of God that we will get to enjoy forever.

So the rest of God is something that we can enjoy today, at this very moment, but it is also something that we look forward to as we long for the day of Jesus' coming.

That is the rest that we are being called to here. It is having confident delight in God's finished work.

Someone might say, wait a minute, how can we do that when it is not finished yet.

We enter God's rest when we know that what God has promised about the future is absolutely certain, so certain that it is as if it has already happened.

Doubting that is what robs us of rest, but in truly believing that we truly find rest.

That is why verse 11 here says to "make every effort to enter that rest."

That is we fight against doubt and unbelief. We strive to plant God's word in our heart with right understanding and apply it to our lives because that is the evidence that we believe it.

We confess to one another when we are struggling so that we can encourage one another towards faith.

We acknowledge our weakness and our need of the Holy Spirit to do His good work in our lives.

We participate regularly in worship with the church so that our hearts don't grow cold. We do all we can by God's grace to delight in all that God has done, is doing, and will do.

The memory verse for our bible reading group this month is **Isaiah 46:9-10.** If we believe that, then we have entered into God's Promise of Rest.